

Ultherapy Protocol

The Ulthera System delivers a low amount of focused ultrasound energy to the skin. The heat from the ultrasound stimulates new collagen to form and strengthens collagen that has weakened. I understand there can be discomfort during the treatment; however, the technician will have options available to you to optimize your comfort level during treatment.

Immediately following Ultherapy the skin may be slightly red for a period of time. You will also find the area treated to be sore to the touch for a couple of weeks; this is natural as we have stimulated collagen. It is not uncommon for some swelling or bruising to appear within a day or so. This is only temporary and will subside within a matter of days. Not everyone will experience these reactions.

If you have been diagnosed with or have a history of cold sores Herpes Simplex Virus- medication may be recommended prior to treatment.

Please discontinue using the following for at least 7 days prior to treatment to prevent bruising:

- Aspirin regimen
- Fish Oil
- Vitamin E
- Ginko Biloba
- St. John's Wort

It is advisable to take 800 mg of Advil (ibuprofen) 1 hour prior to treatment.

You may purchase Arnica Montana cream to apply to area treated 2 times a day for 5 days after treatment, especially if you are prone to bruising.

I am aware of all possible side effects and agree to have an Ultherapy Treatment.

Patient

Signature _____ Date _____

Ultherapy Technician _____